THE DONUT DASH

5k Run-Walk-Hobble-Crawl-Roll-Twitch

October 13, 2012

The First annual Grand Lake Donut dash will be held Saturday morning October 13 at 9:00am at Lakeshore Park in Celina Ohio. Rocketship Sports Management , known for their famous Tour de Donut bicycle event decided to offer a sister running event. The 5k running race will be like no other as participants will be able to stop at two donut stops and eat donuts. For every donut you eat during the race two minutes will be taken off your finish time.

COMMEMORATIVE T-SHIRT

Each registered runner will receive a custom Donut Dash tech t-shirt. T-shirts will be available during packet pick up Friday and Saturday as well as on event morning. Please order your correct size as we only order what you tell us to.

DONUT DASH MERCHANDISE

Custom running shirt $50 ----- Custom running socks $10
These items can be purchase on our website. www.thedonutdash.com

ENTRY FEES

$20 on or before September 12, 2012 $25 September 13 to October 6
$30 day of race registration shirts available on first come first serve basis.

REGISTRATION

Register Online For no additional fee! WWW.THEDONUTDASH.COM or WWW.GTRACES.COM
To register by mail, please fill out this entry form and mail it to:
Rocketship Sports Management 1098 Buckeye Drive Greenville Ohio 45331.
Envelope must be post-marked by September 12. After September 12 please register online.

PACKET PICK UP & LATE REGISTRATION

Pick up your timing chip, bib number and custom T-shirt at the event site on Friday, October 12th (5pm to 8pm) or raceday beginning at 6am at the race site.

RACE DAY SCHEDULE

6:00 am: Registration, bib and chip pick up------9:00 am: Start of Donut Dash
10:00 am: Start of the FREE 1K Kids Donut Dash (Kids 12 & under)
10:30 am: Awards Ceremony

AWARDS

Custom awards will be given based upon donut adjusted time to the top 3 in Male and Female age classes: 10 and under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+
Overall Donut eating belt for top male and female donut consumption

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2012 OFFICIAL ENTRY - THE DONUT DASH 5K and 1K KIDS FUN RUN/WALK

(Please Print)

Name _____ Phone (____) _____
(Last) (First) (MI)

Address _____
(Street) (City) (State) (zip)

Email Address _____
to receive updates on the 5K and other events.

Emergency Contact_____ Phone_____

☐ Male ☐ Female Run $ $20 before 9/12
$25 9/12-10/6_____ Kids Fun Walk _____
(FREE without t-shirt $5 with t-shirt)

Age on Race Day_____ Birth date_____ T -shirt Size ☐Adult ☐Youth ☐ S ☐ M ☐ L ☐ XL ☐ XXL ☐ XXXL

T-shirts not included for kids fun run but can be purchased for $5

In consideration of the acceptance of my entry, I for myself, executors, administrators and assignees, do hereby release and discharge all sponsors and officials for all claims of damages, demands, and actions whatsoever in any manner arising or growing out of my participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am physically and sufficiently trained to participate.

Signature _____
(Parent or Guardian Signatures, if entrant under age 18)

www.thedonutdash.com